Converting a Physical machine to Virtual Machine

Links have been added to each applicable step to explain the step in greater detail.

1. Using Macrium Reflect take an image of your physical machine.
2. Once you have an image, create a Rescue Media ISO image.
3. Create a Virtual Machine using your preferred hypervisor (Hyper-V, VMware, Virtual box...), assigning to it a vCPU, Memory and a Virtual Hard Disk.
4. Boot the VM using the created Rescue Media ISO image.
5. From the booted Rescue Media restore your image on to the Virtual Hard Disk attached to your VM.
6. Without exiting the Rescue Media, run the ReDeploy option.
7. Detach the ISO from your VM and reboot it.